



*Honoris Causa*

## **Yogic Practices**

*Specialization in*

## **Aerial Yoga and Crystal Healing**

**Md. Zillur Rahman**

- He is specialized in Pranic healing through spiritual elements found in Indian Yogic philosophy especially in its healing practice.
- His approach to treating the patients is unique which is delicately balanced in spiritual – psycho – physical systems. It is orchestrated in tune with the harmony of both patient and the therapist.
- He has helped many people to get cured in complex ailments through his unique concept of Ayushman
- He applies Pranic healing to many forms of aches and pains both chronic and allergies, which can be treated to others but also, can be treated to oneself.
- He conducts seminars and workshops to many people who are average in intelligence and patience by developing their confidence and observance of natural laws of the body.
- He emphasizes that Pranic energy healing is one of the least expensive and most productive means in making WHO's dream of "Health for All" a reality. Has trained many people all over India in the field of Pranic healing and Yogic Science.
- He has a unique approach of Yoga therapy through special techniques especially for back pain, hypertension and heart problems.
- Conducts many Yoga camps for Executives in Corporate who normally have stress and burn outs in their work environment.
- Conducts Yoga classes free of cost in many rural schools.